# The Compass Academy Transition







#### The Compass Academy



# Transition Leaflet: Next steps

Edition 1: Transition (2021)

# Exciting times ahead...



# Moving on and moving up!

Transitions are an important part of school life: moving from primary to secondary school and then from school to further or higher education. These are daunting milestones that mark a significant progression in your child's development. It is normal to find this period of time unsettling, not only for young people but for parents/carers too.

Although unsettling, moving up from Year 9 is a great time for change, as your child moves on to a more adult learning environment and begins the journey towards achieving formal qualifications which will aid your child in later life.

Likewise, for pupils who are new to the school, this is an exciting time to build new relationships and to start a new journey in your education.

## Transition arrangements

Sadly, due to Covid 19 restrictions, transition arrangements for pupils moving on to new settings have looked a little different over the last year. All being well, as of October, 2021, we are hoping that normal transition arrangements can be established.

# Uncertainty



For many people, the uncertainty about starting a new school is difficult, this makes it easy to think about the worst things that might happen, this can leave us feeling really frightened.

While starting a new school/educational setting can be scary to think about, try not to worry about what might happen and focus on the things that you can do, to help relieve at least some of your anxiety and worries.

As you grow through life, you will learn that there are so many things in life that we cannot control, this can be tough to

accept. Try to see starting a new school as an opportunity and a fresh start-leading to new adventures and exciting opportunities!

# Parents/Carers: How can you help?

Talking through issues and concerns with your child builds their confidence and gives them support in coping with the practical and emotional worries that they may be experiencing. Try asking your child these three questions to get the conversation going:

- What is the best thing about your new school?
- What will you miss most about your old school?
- What is the scariest thing about your new school?

# What can you do?

Many schools and educational settings have their own websites which can offer answers to a lot of your child's questions. You can find out about uniform expectations, school trips, information about different subjects, out of school clubs and lunch/break time arrangements. Receiving the answers to these questions can help alleviate some of the uncertainty that you may have around starting a new school.

Questions that you may want to research or consider...

How will I get to my new school?
What do I have to wear (uniform)?
Are any of my friends going?
What subjects do they teach?

How long do I get for lunch/break?
What time does school start/finish?
What time does school start/ mish:
Do they have any sports/after school clubs?
Do they do school trips?
Notes:

Moving schools can be a stressful time, don't be surprised if your child loses their temper or becomes more irritable. Your child may start to argue with you over trivial things or blow things out of proportion. Remember to keep your mind on the bigger picture of supporting your child through these changes and be patient with them.

## **SEND**

Pupils with special educational needs can experience high levels of anxiety when making the transition to a different school, but transition planning can help to ease the process.

Free Moving On to Secondary School guides have been developed by the Foundation for People with Learning Disabilities, incorporating the experiences and views of pupils, as well as parents, teachers and SENCOs.

If your child has recognised SEND needs, it is expected that upon admission, a formal meeting/discussion will be held to explore your child's needs and discuss how best to support your child, this is likely to be carried out by the school SENCO. Likewise, if your child is moving onto a new setting, all relevant paperwork will be forwarded by The Compass Academy team so that your child's new school can begin to make plans for your child to start at his/her new school placement.

## **Contact details:**



#### **Aspire Academy**

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Tel: 01482 318789



#### Hull College (14-16)

Wilberforce Drive, HULL, HU1 3 DG

Tel: 01482 598892



#### Rise Academy

Fountain Rd, HULL, HU2 OLH

Tel: 01482 226166

## **Useful Services:**

#### **Useful Services** Log On Move On Log on Move on is a website which features information, advice and guidance to help young people make decisions about learning, training and work opportunities in the local area. https://www.logonmoveon.co.uk/ Kooth keeth Kooth is an online counselling and emotional well-being platform for children and young people. https://www.kooth.com/ **Young Minds** A website which offers tips/advice for young YOUNGMINDS people in managing your mental health. https://voungminds.org.uk/

#### A closing comment...

For the young people that are moving on from our Academy, although we will miss you, we are proud of each and every one of you and the achievements that you have made along the way.

For pupils that are new to our school...your journey to success starts here!

The Compass Academy team x x x